

## DANZIG Counseling Services – Alcohol & Drug Treatment Services

In today's society, experimentation with alcohol and other mood-altering substances is almost inevitable. **Initially alcohol and drugs seem harmless.** They are often used socially, or to take away pain during difficult times, or to celebrate a victory. However, after continual use, patterns of frequency and amount develop. **Soon the user is unable to break free** as issues caused by their use start to affect every area of their life: school, work, home, and relationships. **Eventually, everyone in the user's life becomes adversely affected** by the consequences of their alcohol and drug use. DANZIG Counseling believes that every person affected by alcohol or substance abuse deserves help.

**Our Services** include evaluations for adolescents and adults; individual, group, and family outpatient counseling for the user and/or their significant others; and counseling designed to fulfill the requirements for **DEEP** (Driver Education and Evaluation Program) of Maine.

We focus on recovery, relapse prevention, and education in **all** areas of alcohol & drug abuse and recovery including issues involving peer pressure, family, and employment.

**For ADOLESCENTS:** We have **extensive experience** in the treatment of adolescent alcohol and substance abuse. Adolescence is a difficult period of life to negotiate. Whether the use is experimental or has progressed to the stage of dependency, we offer education about substance abuse on every level which includes dealing with the pressures specific to the adolescent years as well as coping with the uncertainty of the present and future.

**For ADULTS:** Adult treatment of alcohol and substance abuse can often be a difficult process because of the patterns developed throughout the using history. We have **many years** of experience in helping people move through the process of change and recovery in a caring and supportive environment.

**For COUPLES & FAMILIES:** Alcohol and substance abuse is devastating to couples and families emotionally, psychologically, and physically. The person using affects everyone around them and those who get **hurt the worst** are the ones who **care the most**. Our services help those in relationships (of any type) learn how to take care of themselves while dealing with the person in their life who is struggling with alcohol and substance abuse.

**Referrals:** Our goal is to help people receive the best possible care available. In the event that a client needs other specialized services or requires a more intensive treatment program, DANZIG Counseling Services will assist the client in finding a more appropriate therapist and/or program to meet those needs.

**Confidentiality:** ALL information disclosed to DANZIG Counseling Services will be kept confidential!

For more information about our alcohol and drug counseling and consultation services, please contact us at 207-893-0000 or [www.danzigcounseling.com](http://www.danzigcounseling.com)